

Health Improvement Board Meeting

Date: 16 May 2019.

Attending: Richard Lohman: Healthwatch Oxfordshire Ambassador

Update from last meeting:

At last HIB meeting Healthwatch Oxfordshire (HWO) and East Oxford United attended to present **Men's Health Report**. This has since been presented at Health Inequalities Commission Good Practice Event, along with a film produced with NHS England Funding for community engagement. The film was launched on March 7th and was also shown at Health and Wellbeing Board. It can be seen at this link

<https://www.youtube.com/watch?v=GcDG7wKMZ40&feature=youtu.be>

Next steps includes production of a 30 second social media clip to encourage men to take up NHS checks. This will now be launched on June 9th at the Oxford Eid Extravaganza. The men's health film attracted interest of NHS England Diabetes Prevention Programme Community Engagement Team, who are now keen to link to HWO to find out more about barriers to uptake of diabetes prevention, particularly among seldom heard groups.

Healthwatch Oxfordshire Report

Update on HWO area of activity.

- This year, HWO are taking a focus on **mental health**. This will include gathering insight from residents of Oxfordshire and those who are using mental health services. We will be using a variety of methods including 'Enter and View' visits into mental health settings (with support of Oxford Health), questionnaire, visiting mental health groups both in statutory and voluntary sector. We hope to hear more about the experiences of people accessing and using mental health services in the county. We are liaising with Oxfordshire Mental Health Partnership (OMHP) who are currently working to undertake an evaluation of the recovery contract with OCCG and OCC.
- In addition to mental health being our overarching theme, we are also exploring sub themes to look at experiences of health and social care services for families in the military, and continuing our community based outreach in certain geographic areas of the county. Later in 2019 we hope to look into CAMHS support, and have been linking to OCCG around this.
- HWO has just completed a survey on behalf of NHS England and Healthwatch England on the NHS Long Term Plan. Working with other Healthwatch organisations within the BOB STP footprint, we gathered over 130 Oxfordshire people's views via survey on the NHS Long Term Plan. This included convening two focus groups with the themes of mental health and prevention. A report compiling all the insights from this area

will be presented to NHS England in June.

- Healthwatch Oxfordshire continues to provide support to Patient Participation Groups and ran successful networking events earlier in the year. The aim is to bring groups together to share ideas and good practice and to offer support in development and supporting the voice of patients. Further networking event for the West on 5th June and South East on 12th June, with focus on primary care networks.
- HWO supported the Health and Wellbeing Board in January in hosting an engagement event for voluntary sector groups to explore ways in which the sector could have an input and voice into the Health and Wellbeing Board. This work was initiated following on from CQC report on the system, and recommendations that the input of voluntary sector stakeholders should be strengthened.
- Enter and View visits continue and reports can be seen on HWO website. Latest visits included to the GP Urgent Care Centre at the JR, Rycote GP Surgery and Meadowcroft Care Home.
- In February, HWO took a geographic focus on Thame, visiting a range of groups, and speaking to people on the streets. This work took place in partnership with Healthwatch Buckinghamshire and enabled us to gain a view of people's experiences of access and care in a cross border setting.
- HWO continues to monitor feedback from residents about their experiences of specific services in the county, via our Feedback Centre on the website. This includes hospital settings, where we also hold monthly 'pop up stalls' to speak to people as they come and go.

Of further interest to note:

- Of interest for any discussion on Whole Systems Obesity, HWO project fund report from Rose Hill School Healthy Eating Consultation, gives good insight into some of the barriers to healthy eating for school children and families;
- <https://healthwatchoxfordshire.co.uk/the-project-fund-reports/>
- HWO supported development of JSNA for Oxfordshire and provided reports and input, into new chapter highlighting local knowledge and evidence. The Oxfordshire JSNA and link with HWO has been used as a good practice example by Healthwatch England to share with other regions.